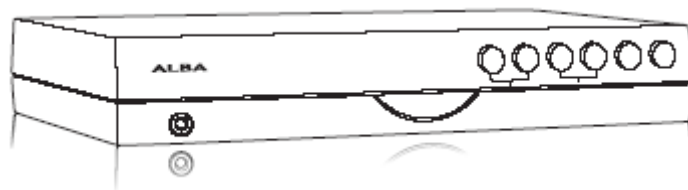


# **ALBA**

Model. ADR10

## **Quick start Guide for your digital TV Receiver**



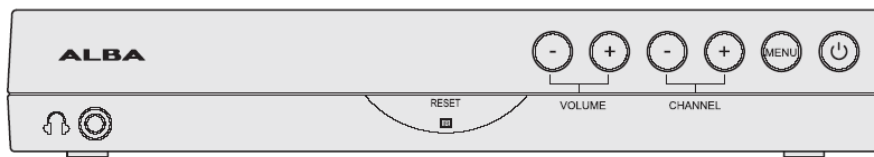
## **This is in Easy Read**



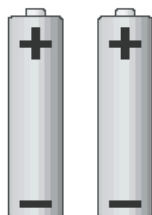
**This information tells you how to set up your digital TV receiver.**

This is what you should have.

This is the set top box.



This is the remote control.

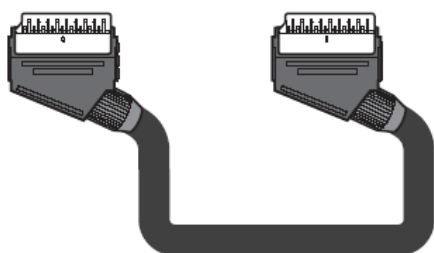


These are the batteries.

This is the RF cable.



This is the SCART cable.



You should also have:

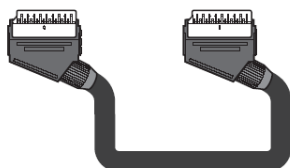
- a user guide
- a remote control TV codes guide.

**Please follow these steps.**

**Important:**

**Make sure your TV is turned off and unplugged. Make sure all your new equipment is turned off and unplugged.**

Have a look at the back of your TV.  
Is there a place where you can plug in the SCART lead?  
There might not be if your TV is old.



This is a SCART lead.

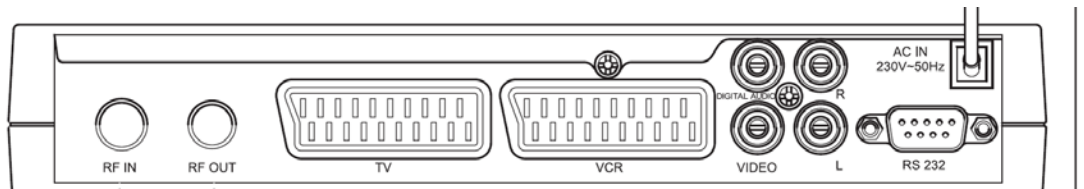


It has a big flat head.



**Yes - I can plug a SCART lead in.**  
Follow these steps.

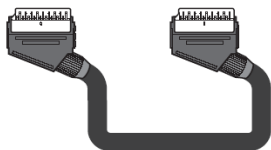
This is what your set top box looks like at the back.



Take the aerial lead out of your TV. Plug it in to the back of your set top box where it says RF IN. This is the first socket on the picture.

A socket is where you plug in cables.

Plug the SCART lead into your set top box where it says TV. This is the third socket on the picture. Plug the other end of the SCART lead into your TV.



This is a SCART lead.

Plug your set top box in at the wall. A green light will come on at the front of your box.

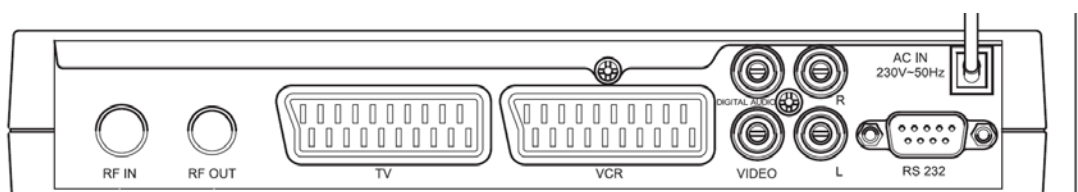


Turn your TV on.



**No – I can't plug a SCART lead in.**  
Follow these steps.

This is what your set top box looks like at the back.



Take the aerial lead out of your TV. Plug it in to the back of your set top box where it says RF IN. This is the first socket on the picture.

A socket is where you plug in cables.

Plug the RF cable into your set top box where it says RF OUT. This is the second socket on the picture. Plug the other end into the aerial socket on your TV.



This is the RF cable

Plug your set top box in at the wall. A green light will come on at the front of your box.

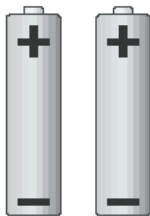


Turn your TV on.

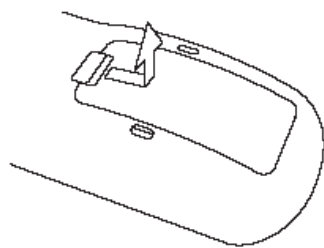
## Putting batteries into the remote control.



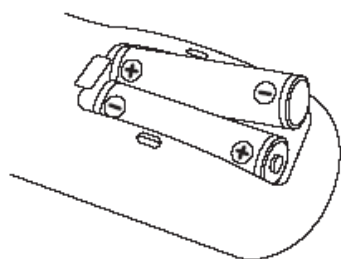
This is the remote control.



These are the batteries.



Open up the back of the remote control.  
This is where you put the batteries in.



Put the batteries in.

You will see + and -. These tell you  
which way round the batteries go

Put the cover back on.

## How to use your remote control



This takes you to the first channel on your list. For most people this will be BBC 1.



This turns your TV on and off.

It will only do this if your remote control is set up to work with your TV. You can find out about this in the booklet for the remote control.



Turns the set-top box on and off (standby)



This lets you change from TV to radio and back again.



Use this to change between the channel you are watching and the channel you were watching before.

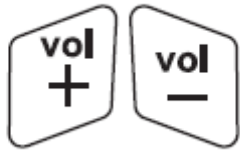


Turns the sound off on your set-top box.

It can also turn the sound off on your TV if your remote control is set up to work with your TV. You can find out about this in the booklet for the remote control.

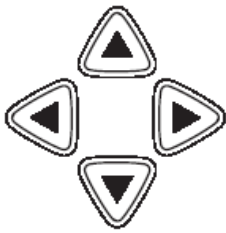


This only works if your remote control has been set up to work with the TV. You can find out about this in the booklet for the remote control.



Use these to turn the sound up or down on your set-top box.

They can also turn the sound up or down on your TV if your remote control is set up to work with you TV. You can find out about this in the booklet for the remote control.



These buttons are for looking at the on-screen menus

On-screen menus are lists that come up on your TV that tell you what you can watch or do.



These let you go up and down the list of channels. You can use them to choose the channel you want to watch.



Use this button to choose what you want from the on-screen menu. It will also show you a channels list when you are watching a programme.



This show you the TV guide.



This shows you information about the TV programmes. You also use it to look at your Favourites list



This takes you back to what you were looking at before.



Use this when you have finished looking at the menu. It will take you back to the last programme you were watching.



This lets you look at the main menu. Press it again when you have finished.



Use this to look at the help screen. Press it again when you have finished.



This lets you look at teletext.



You use this buttons to choose the channel you want.

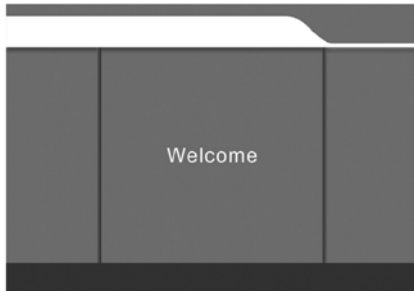


This turns the audio description on and off



This turns the subtitles on and off.

## The first time you turn your set-top box on.



The first time you turn your set top box on you will get a welcome screen come up on your TV.

If you don't get the welcome screen press the AV button on the remote control for your TV. It should come up then.

Wait a few seconds.

You will get the TV format screen.

You will have to choose the one you want.



Use the arrow buttons on your remote control to do this.



Press OK when you have got the one you want.

You will be asked to choose from these:

- 4:3 Pan Scan – a full square TV screen
- 4:3 Letter Box – a screen with a black bar at the top or bottom
- 16:9 – a rectangular shape TV screen

Your set-top box will now start to find all the TV and radio channels. This is called tuning in.

When it has finished you will see this message on the TV:  
**Installation completed**

**You can now start to enjoy digital TV and radio.**

## How to turn the sound on your TV up or down



To turn the sound up press the Vol+ button on your remote control.



To turn the sound down press the VOL – button on your remote control.



## How to change channels



If you know the number of the channel you want you can use the number buttons on your remote control.



If you want to flick through all the channels, press the P= or P- buttons on your remote control.



## Audio description and subtitles.



Audio description is a voice that tells you what is happening on the TV when you are watching a programme. This is good if you find it hard to see the pictures on the TV.



Subtitles are words that come up on the screen so you can read what is being said. This is good if you find it hard to hear what is being said.

### If you want to find out if a programme you are watching has audio description or subtitles:



Press the info button on your remote control.

You will see these signs if the programme has got audio description or subtitles



## To get Audio description



Press the AD button on your remote control.

This will turn audio description on or off.



When you turn audio description on you will hear a high beep.

If the programme doesn't have audio description you will hear a medium beep.

When you turn it off you will hear a low beep.

Your user guide has more information about audio description.



## To get subtitles



Press the sub button on your remote control.

This will turn subtitles on or off.



Your user guide has more information about audio description.